



Conquer Through Rest Sermon Notes

Let's read the following Scripture passages:

Exodus 3:7-8

7 And the LORD said: "I have surely seen the oppression of My people who are in Egypt, and have heard their cry because of their taskmasters, for I know their sorrows.

8 So I have come down to deliver them out of the hand of the Egyptians, and to bring them up from that land to a good and large land, to a land flowing with milk and honey, to the place of the Canaanites and the Hittites and the Amorites and the Perizzites and the Hivites and the Jebusites.

Deuteronomy 7:1-2

1 "When the LORD your God brings you into the land which you go to possess, and has cast out many nations before you, the Hittites and the Girgashites and the Amorites and the Canaanites and the Perizzites and the Hivites and the Jebusites, seven nations greater and mightier than you,

2 and when the LORD your God delivers them over to you, you shall conquer them and utterly destroy them. You shall make no covenant with them nor show mercy to them.

Psalms 95:6-11

6 Oh come, let us worship and bow down; Let us kneel before the LORD our Maker.

7 For He is our God, And we are the people of His pasture, And the sheep of His hand. Today, if you will hear His voice:

8 "Do not harden your hearts, as in the rebellion, As in the day of trial in the wilderness,

9 When your fathers tested Me; They tried Me, though they saw My work.

10 For forty years I was grieved with that generation, And said, 'It is a people who go astray in their hearts, And they do not know My ways.'

11 So I swore in My wrath, 'They shall not enter My rest.' "

Promised Land was promised as an inheritance for their possession.

The Promised Land was a place of BLESSING (a land flowing with milk and honey) but also a place of BATTLES (conquer nations greater and mightier than you).



Interestingly, in Psalm 95:11, entering the Promised Land was entering a place of rest, that God had ordained for His people.

The writer of Hebrews, takes this up and applies this to us New Testament believers, inviting us to enter our Promised Land, our place of rest. In doing so, he unveils truth to us on what it takes to enter into this place of rest.

Hebrews 3:16-19

16 For who, having heard, rebelled? Indeed, was it not all who came out of Egypt, led by Moses?

17 Now with whom was He angry forty years? Was it not with those who sinned, whose corpses fell in the wilderness?

18 And to whom did He swear that they would not enter His rest, but to those who did not obey?

19 So we see that they could not enter in because of unbelief.

Hebrews 4:1-11

1 Therefore, since a promise remains of entering His rest, let us fear lest any of you seem to have come short of it.

2 For indeed the gospel was preached to us as well as to them; but the word which they heard did not profit them, not being mixed with faith in those who heard it.

3 For we who have believed do enter that rest, as He has said: "SO I SWORE IN MY WRATH, 'THEY SHALL NOT ENTER MY REST,' " although the works were finished from the foundation of the world.

4 For He has spoken in a certain place of the seventh day in this way: "AND GOD RESTED ON THE SEVENTH DAY FROM ALL HIS WORKS";

5 and again in this place: "THEY SHALL NOT ENTER MY REST."

6 Since therefore it remains that some must enter it, and those to whom it was first preached did not enter because of disobedience,

7 again He designates a certain day, saying in David, "TODAY," after such a long time, as it has been said: "TODAY, IF YOU WILL HEAR HIS VOICE, DO NOT HARDEN YOUR HEARTS."

8 For if Joshua had given them rest, then He would not afterward have spoken of another day.

9 There remains therefore a rest for the people of God.

10 For he who has entered His rest has himself also ceased from his works as God did from His.

11 Let us therefore be diligent to enter that rest, lest anyone fall according to the same example of disobedience.



Rest = cease from our own works (striving) and live in what has been already completed.
Rest, a place of peace in God.

REST = FAITH + OBEDIENCE

We observe an interesting dichotomy, a paradox: The Promised Land was a place of REST and a place of CONQUEST. The Promised Land was a place of BLESSING and a place of BATTLES.

Every BATTLE you face serves to usher you into a place of BLESSING (enjoying the milk and honey God has prepared).

Learn to CONQUER through REST.

Learn to CONQUER by simply walking in FAITH and OBEDIENCE.

We have discovered that REST = FAITH + OBEDIENCE
You enter this place of REST by simply walking in FAITH and OBEDIENCE.

APPLICATION:

How do we apply this truth of *conquering through rest* in our everyday life?

Let's consider these real-life scenarios:

1. Contending for success in life
2. Real estate problem
3. Healing for your body
4. Contending for your family
5. Contending for financial sufficiency

Contending for success in life

Look at what God has promised. His Word is your 'Promised Land'. It is your inheritance: Deuteronomy 28:12; Joshua 1:8; Psalm 1:3

Mix faith with the Word.

Walk in obedience to His Word.

The enemy will try to disturb you from your place of faith and obedience.

Stay in that place of faith and obedience.



Real estate problem

*Look at what God has promised. His Word is your 'Promised Land'. It is your inheritance:
Psalm 103:6; Psalm 125:3*

Mix faith with the Word.

Walk in obedience to His Word.

The enemy will try to disturb you from your place of faith and obedience.

Stay in that place of faith and obedience.

Healing for your body

*Look at what God has promised. His Word is your 'Promised Land'. It is your inheritance:
Exodus 23:25; Isaiah 53:4-5; 1 Peter 2:24*

Mix faith with the Word.

Walk in obedience to His Word.

The enemy will try to disturb you from your place of faith and obedience.

Stay in that place of faith and obedience.

Contending for your family

*Look at what God has promised. His Word is your 'Promised Land'. It is your inheritance:
Proverbs 3:33b; Proverbs 12:7b; Psalm 118:15; Isaiah 32:18*

Mix faith with the Word.

Walk in obedience to His Word.

The enemy will try to disturb you from your place of faith and obedience.

Stay in that place of faith and obedience.

Contending for financial sufficiency

*Look at what God has promised. His Word is your 'Promised Land'. It is your inheritance:
Psalm 23:1; Philippians 4:19; 2 Corinthians 9:8*

Mix faith with the Word.

Walk in obedience to His Word.

The enemy will try to disturb you from your place of faith and obedience.

Stay in that place of faith and obedience.

WALKING IN PEACE IS WALKING IN DOMINION

Isaiah 26:3

You will keep him in perfect peace, Whose mind is stayed on You, Because he trusts in You.



Romans 16:20

And the God of peace will crush Satan under your feet shortly. The grace of our Lord Jesus Christ be with you. Amen.

Interestingly in the preceding verses Romans 16:17-19, the apostle Paul speaks of those causing divisions and strife. He urges us not to have anything to do with them, implying that we simply walk in peace. And then he presents Romans 16:20. So, it would be right for us to say that **as we walk in peace, in our place of rest, the God of peace will crush satan under our feet!**



USEFUL RESOURCES

Watch our online Sunday Church service live stream every Sunday at 10:30am (Indian Time, GMT+5:30). Spirit filled, anointed worship, Word and ministry for healing, miracles, and deliverance.

YOUTUBE: <https://youtube.com/allpeopleschurchbangalore>

WEBSITE: <https://apcwo.org/live>

Our other websites and free resources:

CHURCH: <https://apcwo.org>

FREE SERMONS: <https://apcwo.org/resources/sermons>

FREE BOOKS: <https://apcwo.org/books/english>

DAILY DEVOTIONALS: <https://apcwo.org/resources/daily-devotional>

JESUS CHRIST: <https://examiningjesus.com>

BIBLE COLLEGE: <https://apcbiblecollege.org>

E-LEARNING: <https://apcbiblecollege.org/elearn>

COUNSELING: <https://chrysalislife.org>

MUSIC: <https://apcmusic.org>

MINISTERS FELLOWSHIP: <https://pamfi.org>

CHURCH APP: <https://apcwo.org/app>

CHURCHES: <https://apcwo.org/ministries/churches>